

|               |  |
|---------------|--|
| Course code   | OSP312   |
| Course name   | NR-33 - Periodic Training for Entrants, Watchman and Supervisors of Confined Space - 8h  |
| Duration      | 8 hours  |
| Target group  | Authorized Workers, Watchman and Entry Supervisors that are recycling the certification of Confined Space accordantly with NR-33.  |
| Prerequisites | <ul style="list-style-type: none"> <li>- RG and CPF;</li> <li>- Passport (expatriate);</li> <li>- Occupational Health Certificate (ASO) or certificate of good physical and mental health conditions including working at heights and confined space.</li> <li>- Initial Training for Worker and Watchman - 16 hours; or Confined Space Supervisor - 40 hours, according to NR-33.</li> </ul>  |
| Objective     | The objective of this training is to renew the qualification as Supervisor, Authorized Worker or Watchman of confined spaces work, in accordance with NR-33.   |
| Contents      | <p>Theory: 4 hours</p> <ul style="list-style-type: none"> <li>• Definitions;</li> <li>• Confined space identification;</li> <li>• Recognition, assessment and control of risks;</li> <li>• Functioning of equipment used;</li> <li>• Procedure and use of the entry and work permit (EWP);</li> <li>• Criteria for the indication and use of equipment for risk control;</li> <li>• Knowledge about safe practices in confined spaces;</li> <li>• Occupational health and safety legislation;</li> <li>• Respiratory protection program;</li> <li>• Hazardous area;</li> <li>• Notions of rescue and first aid; and</li> <li>• Rescue operations.</li> </ul> <p>Practice: 04 hours</p> <ul style="list-style-type: none"> <li>• Procedure and use of the entry and work permit (EWP);</li> <li>• Atmospheric evaluations and operation of equipment used (detectors);</li> <li>• Ventilation and equipment;</li> <li>• Respiratory protection program;</li> <li>• Notions of rescue and first aid.</li> </ul> <p>Total Duration: 08h Theory: 04h Practice: 04h.</p> <p>Note: Supervisors, entrants and watchman will assume their functions during practical exercises.</p> <p>Technical Reference:<br/>NR-33; NBR 16.577:2017; NBR 14.606:2013; OSHA 29 CFR 1910.146 and NFPA 1670.</p> |
| Exam          | <p>The students will be evaluated through direct observation.</p> <p>Validity: 1 year</p>  |