

Course code	OFA304
Course name	CPSO - Medical First Aid Course
Duration	52 Hours
Target group	Workers and professionals in the offshore segment responsible for elementary first aid care on board.
Prerequisites	<ul style="list-style-type: none"> - RG and CPF; - Passport (expatriate); - Be more than eighteen (18) years old; - Occupational health certificate (ASO) or certificate of good physical and health condition; - Have completed the CBSP - Platform Basic Safety Course within the last five (5) years.
Objective	Qualify the student for the task of first aid care on board, in accordance with item 5.6.2.4 of Resolution A-1079(28) of 04/12/2013, International Maritime Organization, Section A-VI/4 and Table A-VI/4-1 of the STCW Code.
Contents	<p>First Aid - 18 hours</p> <ol style="list-style-type: none"> 1. Importance of First Aid on Board - 01 hour 2. First Aid Concept - 01 hour 3. Basic Steps In First Aid - 01 hour 4. Vital Functions - 01 hour 5. Vital Signs and Signs of Support - 01 hour 6. Cardiopulmonary Arrest - 04 hours 7. Bleeding - 03 hours 8. Burns - 02 hours 9. Food Poisoning - 01 hour 10. Circulatory Alteration - 01 hour 11. Foreign Bodies - 01 hour 12. Transportation Of Casualties - 01 hour <p>Practice of First Aid - 10 hours</p> <ol style="list-style-type: none"> 1. Soft Tissue Injuries - 03 hours 2. Trauma-Orthopedic Injuries - 04 hours 3. First Aid Kit - 03 hours <p>Health Management - 20 hours</p> <ol style="list-style-type: none"> 1. Health Management On Board - 10 hours 2. Management of the Infirmary On Board - 06 hours 3. Management of the Pharmacy On Board - 04 hours <p>Reserve time - 02 hours Exam time - 02 hours</p> <p>Legislation: Item 5.6.2.4 of Resolution A-1079(28) of 04/12/2013, International Maritime Organization, Section A-VI/4 and Table A-VI/4-1 of the STCW Code.</p>
Exam	<p>Multiple choice exam with minimum passing grade of 60%.</p> <p>Validity: N/A</p>